

CAI-NJ FUTURE ALL STAR TEAM (F.A.S.T.)

CANNED
FOOD DRIVE
BENEFITTING
THE FOOD BANK

**OF MONMOUTH &
OCEAN COUNTIES**

Drop off your items at the
Spring Break Party on April
26th at the Grand Marquis



MOST NEEDED ITEMS INCLUDE: Canned tuna, chicken, salmon (in water), canned fruits (packed in juice or light syrup), canned vegetables (low sodium or no-added salt), natural unsweetened applesauce, rice-brown, white or wild, peanut butter, jelly, pasta, canned or dry beans, peas, lentils, 100% juice boxes, healthy snacks, unsalted nuts, hot and cold cereal (low sugar preferred), cooking oils, ready-to-eat canned meals.

For more information contact jaclyn@cainj.org or 609-588-0030